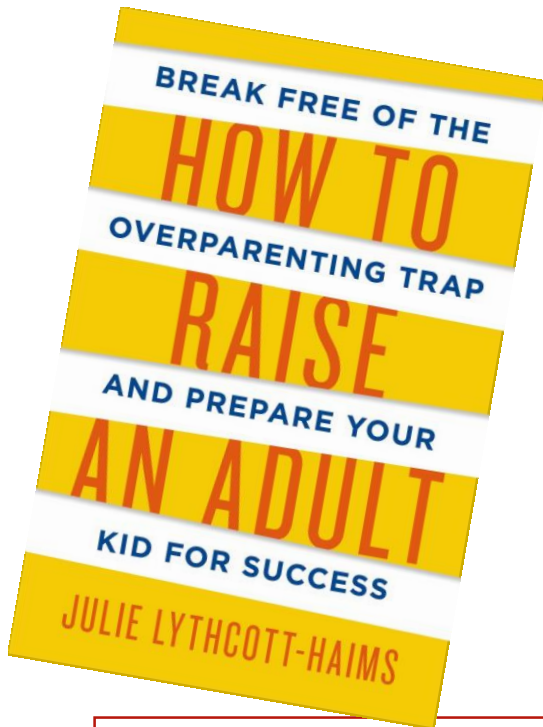




Thursday, October 29 at 7 PM – Mercer Island High School PAC – 9100 SE 42d St



JULIE LYTHCOTT-HAIMS

Throw Out the Check-Listed Childhood

In her New York Times bestseller, Julie Lythcott-Haims exposes the harms of helicopter parenting and sets forth an alternative philosophy for raising children to self-sufficient adulthood. While empathizing with the parental hopes and fears that lead to over-helping, Lythcott-Haims offers strategies that underline the importance of allowing children to make their own mistakes and develop the resilience, resourcefulness, and inner determination necessary for success.

"For parents who want to foster hearty self-reliance instead of hollow self-esteem, *How to Raise an Adult* is the right book at the right time" -- Daniel H. Pink, author of NYT bestsellers *Drive* and *A Whole New Mind*

"Witty, wise and dead-on, Julie Lythcott-Haims is a tonic for what ails this generation of kids and parents. A must-read for every parent who senses that there is a healthier and saner way to raise our children" -- Madeline Levine, author of NYT bestsellers *The Price of Privilege* and *Teach Your Children Well*

No charge for MI PTA Members - \$10 at the door for non-MI PTA Members
For parents with kids of all ages

A graduate of Stanford and Harvard Law, Julie Lythcott-Haims practiced law in the Bay Area before returning to Stanford as an Associate Dean, and then Assistant to the President. After that, she spent a decade as the Dean of Freshmen, a position she created in 2002. Almost 20,000 undergraduates matriculated on her watch, and in 2010 she received the university's Lloyd W. Dinkelspiel Award. To her students she was affectionately known as "Dean Julie." Lythcott-Haims stepped down from her work at Stanford in 2012 to pursue an MFA in Creative Writing at California College of the Arts. She lives in the Bay Area with her husband, teenagers, and her mother. Visit her website at www.howtoraiseanadult.com.



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