

## Jessica Lahey Bibliography

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Author, *The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed* (HarperBooks)

*The New York Times* columnist, "The Parent-Teacher Conference" (2014-2017)  
special education section (2013-present)

*The Atlantic* (2013-present)

*The Washington Post* (2018-present)

Vermont Public Radio commentator (2013-present)

### Books referenced:

Daniel Pink, *Drive: The Surprising Truth About What Motivates Us*

Edward Deci, *Why We Do What We Do: Understanding Self-Motivation*

Carol Dweck, *Mindset: The New Psychology of Success*

Carol Dweck, *Self-Theories: Their Role in Motivation, Personality, and Development*

Wendy Grolnick, *Pressured Parents, Stressed-Out Kids: Dealing With Competition While Raising a Successful Kids*

Wendy Grolnick, *The Psychology of Parental Control: How Well-meant Parenting Backfires*

James M. Lang, *Cheating Lessons: Learning from Academic Dishonesty*

Vicki Hoefle, *Duct Tape Parenting*

Roddy Roediger et al, *Make it Stick: The Science of Successful Learning*

Ron Lieber, *The Opposite of Spoiled*

Katie Hurley, *The Happy Kid Handbook* and *No More Mean Girls*

Devorah Heitner, *Screenwise: Helping Kids Thrive (and Survive) in Their Digital World*

Julie Lythcott-Haims, *How to Raise an Adult*

Frank Bruni, *Where you Go is Not Who You'll Be*

Scott Barry Kaufman, *Ungifted*

Lisa Damour, *Untangled: Guiding Teenage Girls Through The Seven Transitions into Adulthood*

Rachel Simmons, *Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Life Healthy, Happy, and Fulfilling Lives*

Michael Thompson, *Raising Cain: Protecting the Emotional Life of Boys*

*The Pressured Child: Freeing Our Kids from Performance Overdrive and Helping Them Find Success in School and Life*

*Homesick and Happy: How Time Away from Parents Can Help a Child Grow*

## Websites referenced:

[Grown and Flown](#), Lisa Heffernan and Mary Dell Harrington's site for parents raising older kids

## Articles I recommend the most, based on audience questions:

["Helping a Perfectionist Child Worry Less and Do More"](#) (*New York Times*)  
["For a Child with Learning Differences, Making Home a Safe Harbor"](#) (*New York Times*)  
["Letter Grades Deserve an 'F'"](#) (*The Atlantic*)  
["When Children Say 'I Can't,' But They Can, and Adults Know It"](#) (*New York Times*)  
["Give Late Blooming Children the Time They Need"](#) (*New York Times*)  
["Helping Children Balance School and Fun"](#) (*New York Times*)  
["What Not to Worry About in Teaching Young Children to Read"](#) (*New York Times*)  
["Teenagers, Dealing with Addiction, On What Might Have Helped"](#) (*New York Times*)  
["I Will Not Check My Son's Grades Online Five Times a Day"](#) (*The Atlantic*)  
["The Downside of Checking Kids' Grades Constantly"](#) (*New York Times*)

## Gift of Failure video FAQs (on YouTube)

[How to Parent and Teach Perfectionist Kids](#)

[How to Motivate Kids Who Coast](#)

[Should I Let My Kid Quit?](#)

[Am I Stupid for Being Duped By a Flawed System?](#)

[What About My Kid with Special Needs?](#)

## Not always referenced, but also great resources:

Deborah Stipiek and Kathy Seal: *Motivated Minds: Raising Children to Love Learning*

Daniel Willingham, *Raising Kids Who Read*

VSauce/Michael Stevens on YouTube

Emily Graslie's *The Brain Scoop* on YouTube

Mythbusters on the Discovery Channel

Vi Hart's math and doodling videos on YouTube