



## Save these dates for 2018-2019 Parent Education Events!

**JOIN YOUR MI PTA and receive free or discounted admission to these events!**

### **LIFE AFTER HIGH SCHOOL | A Four-Part Series**

- A High School Parent's Guide to Student Success in College & Beyond - SEPT 17, 2018 • 7PM • IMS
- How to Find the Right Colleges for You - OCT 2, 2018 • 7PM • MI Library
- The Scoop on Financial Aid – Don't Pay Full Price - OCT 9, 2018 • 7PM • MI Library
- Resilience & Compassion: Building Strength for the Road Ahead - OCT 17, 2018 • 7PM • IMS

**For parents of students in grades 8-12. In partnership with KCLS and Friends of the MI Library [www.KCLS.org](http://www.KCLS.org)**

### **TOP SECRET PROJECT | Decoding the Mysteries of the Teen Domain**

**SEPT 27, 2018 • 6:30PM • MIHS**

Many parents consider their teenager's bedroom to be off limits, but sometimes too much privacy can be harmful. Take this unique and exciting interactive look inside the lives of teenagers and open the door and your eyes to everyday items that could signal a young person's involvement in risky or harmful behaviors. Using a simulated teenager's bedroom, the interactive exhibit includes hundreds of items that when seen through an educated lens, could signal there's a problem. Identify possible warning signs, discuss strategies and techniques, and receive additional resources.

**For Adults/Parents ONLY! In partnership with Hazelden Betty Ford Foundation, Mercer Island Youth & Family Services and co-sponsored by Eating Recovery Center.**

### **MICHELE BORBA | UnSelfie: Why Empathetic Kids Succeed in our All-About-Me World**

**OCT 23, 2018 • 7PM • MIHS**

Teens today are 40 percent less empathetic than they were 30 years ago – impacting children's academic performance and leading to bullying behaviors. The trend also correlates with more cheating and less resilience as well as hampering our children's ability to collaborate, innovate, and problem-solve. Hear from an internationally renowned educator about the forces causing the *Empathy Crisis* and learn strategies to raise empathetic, courageous, caring children with skills to thrive in our 21<sup>st</sup> century, digital-driven world. **For parents of children of all ages.**

### **FOREFRONT | Youth Suicide Prevention**

**NOV 14, 2018 • 7PM • MIHS**

Learn evidence-based prevention strategies to help youth in crisis stay safe and get support. Like first aid and CPR, this valuable knowledge supports healthy families and communities. **For parents of students in Middle & High School.**

**Parents ONLY. [www.intheforefront.org](http://www.intheforefront.org)**

### **ROSETTA LEE | Parenting with Identity in Mind**

**JAN 23, 2019 • 11:30AM • MI COMMUNITY & EVENTS CENTER**

Rosetta Lee, a highly-regarded, local and national expert in diversity, inclusion and equity, will discuss parenting with identity in mind. Learn how to create positive self-identity in our children and teach them to be positive influences on others. The goal is to create inclusive communities which support everyone's success. **For parents of children of all ages. In partnership with Friends of the MI Library.**

### **ROSETTA LEE | Beyond Sticks & Stones: Helping Youth Navigate Conflict & Bullying**

**JAN 23, 2019 • 7PM • MI COMMUNITY & EVENTS CENTER**

Help your children build healthy friendships and relationships. National anti-bullying educator Rosetta Lee will present information to help parents and educators understand the difference between natural conflict and bullying, and explore key gender and cultural differences with respect to how children experience and deal with bullying. Receive pragmatic and empowering guidance and tools to effectively prevent and address bullying issues. **For parents of children of all ages. In partnership with Friends of the MI Library.**

### **"LIKE" (IndieFlix Film Screening) | Impact of Social Media on our Lives**

**APRIL 2, 2019 • 6:30PM • MIHS PAC**

LIKE is an IndieFlix Original documentary that explores the impact of social media on our lives. Technology is a tool. It's here to stay and social platforms are a place to connect, share and care, but what's really happening? Are we addicted? How do we stop? Where do we start? What do we need to know? By understanding the effects of technology and social media on the brain, on our lives and on our civilization, we can learn how to navigate it more safely together. There will be a resource fair from 6:30-7 with a film screening at 7, followed by a panel discussion. **For parents of children of all ages. In partnership with Friends of the MI Library and MIYFS. [www.themovielike.com](http://www.themovielike.com)**

### **FOREFRONT | Youth Suicide Prevention**

**APRIL 3, 2019 • 7PM • IMS**

Learn evidence-based prevention strategies to help youth in crisis stay safe and get support. Like first aid and CPR, this valuable knowledge supports healthy families and communities. **For parents of students in Middle & High School.**

**Parents ONLY. [www.intheforefront.org](http://www.intheforefront.org)**