



Book List: The Impact of Social Media on Our Lives

All of these books are available at KCLS. The titles are linked to the KCLS catalog so that you can read about the books and place a hold.

[*The App Generation: How Today's Youth Navigate Identity, Intimacy, and Imagination in a Digital World*](#)
Howard Gardner, 2013

[*The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age*](#)
Catherine Steiner-Adair, 2013

[*The Big Disconnect: the Story of Technology and Loneliness*](#) – Giles Slade, 2012

[*Communication Skills for Teens: How to Listen, Express & Connect for Success*](#) – Michelle Skeen, 2016

[*Cyber Junkie: Escape the Gaming and Internet Trap*](#) – Kevin J Roberts, 2010

[*How Rude! The Teen Guide to Good Manners, Proper Behavior, and Not Grossing People Out*](#)
Alex J Packer, 2014

[*i-Minds: How Cell Phones, Computers, Gaming, and Social Media Are Changing Our Brains, Our Behavior, and the Evolution of Our Species*](#) – Mari K Swingle, 2016

[*iRules: What Every Tech-Healthy Family Needs to Know About Selfies, Sexting, Gaming, and Growing Up*](#)
Janell Burley Hofmann, 2014

[*It's Complicated: the Social Lives of Networked Teens*](#) – Danah Boyd, 2014

[*The Pride Guide*](#) – Jo Langford, 2018

[*Quiet Power: the Secret Strengths of Introverts*](#) – Susan Cain, 2016

[*Screenwise: Helping Kids Thrive \(and Survive\) in Their Digital World*](#) – Devorah Heitner, 2016

[*Spare Me "The talk"! A Girl's Guide to Sex, Relationships, and Growing Up*](#) and [*Spare Me "The talk"! A Guy's Guide to Sex, Relationships, and Growing Up*](#) – Jo Langford, 2016 and 2015

[*Unselfie: Why Empathetic Kids Succeed in Our All-About-Me World*](#) – Michele Borba, 2016

[*What Are They Thinking?! The Straight Facts about the Risk-Taking, Social-Networking, Still-Developing Teen Brain*](#) – Aaron M White, 2013

[*Why Do They Act That Way? A Survival Guide to the Adolescent Brain, for You and Your Teen*](#)
David Allen Walsh, 2014

[*Wired Child: Reclaiming Childhood in the Digital Age*](#) – Richard Freed, 2015

For more recommendations, contact Carrie Bowman at the Mercer Island Library by phone 206.236.3537 or by email cbowman@kcls.org